

Scripture

Psalm 1

Summary

Psalm 1, along with Psalm 2, introduces the Book of Psalms. It confronts us with this fundamental life question: Which way are we going? Through its description of the blessed man, Psalm 1 presents us with a choice between two ways: the way of righteousness and the way of wickedness. The former is founded on God's word. As we delight

in and meditate on God's word, we are led to life, nourishment, fruitfulness and patient endurance. The way of wickedness leads to judgment and death. Psalm 1 exhorts us to choose life by choosing the way of righteousness. Ultimately, it urges us to choose Christ and to put our faith in him. Jesus alone is the way, the truth and the life.

Sermon in a sentence

Psalm 1 urges us to choose the way of righteousness and life by choosing Christ.

Main Points

- I. Two Ways
 - a. The way of righteousness
 - b. The way of wickedness
- II. Contrasting Characteristics
 - a. The righteous are like a tree
 - b. The wicked are like chaff
- III. Different Destinies
 - a. Judgment and death
 - b. Righteousness and life
- IV. Choose Christ

Other Scriptures:

Jeremiah 17:5-8; Matt 7:24-27

Questions

1. How do we understand "blessedness"? How does Psalm 1 shape the way we think about God's blessing?
2. How can we cultivate a love for God's word?
3. What would it look like for us to constantly meditate on God's word? Be practical.
4. In what ways are you bearing fruit for the blessing of others?
5. How does the assurance of God's care and love affect how we live now?

Think On This

Matt. 7:24-27 "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. 25 And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. 26 And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. 27 And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it."

RHC Core Values

Gospel-Centredness – To have the gospel in the centre of our ministry, and for everything we do to find its root in the gospel.

Experiential Faith – To actively seek the modern day work of the Holy Spirit, expecting him to move in our midst in signs and wonders, and to lead us to the will of God.

Theological Depth – To pursue a deep and soul satisfying knowledge and understanding of God through the Bible.

Community on Mission – To recognise that we are not here for ourselves, but are on a mission to bring the gospel to the world.

City Renewal – To see the gospel change every aspect of the city we are living in by doing social justice, integrating our faith and work, and seeing the city renewed culturally, socially and spiritually for the glory of God.