



God gave his people manna to eat.

Manna means “What is it?”

Manna was like bread.

# Dear Parent:

Toddlers know about food. Just like the Hebrews, day after day your child needs food. In today's lesson your little one heard that God cared for his people in the desert by sending manna every morning. Because God's people were told to gather only enough for one day, they were continually reminded of their day-by-day dependence on God alone to keep them alive. We talked about the petition in the Lord's Prayer: "Give us today our daily bread [or food]." We discussed how God makes the sun shine and the rain fall; he gives strength to the farmers and to parents to provide food. All of us depend on God for everything every day. Encourage your child to thank God for his care and to retell the story using the *Story Sack*. How did God show his love to his people when they were hungry?

## Lesson Four: *God Gave Manna*

### Scripture

Exodus 16

### Lesson Aim

*To know that God takes care of us every day and to thank him for our "daily bread"*

### Memory Work

*Teach me to do your will,  
for you are my God.  
Psalm 143:10a*

### First Catechism\*

Review 1-9

10. Where is God? *God is everywhere.*
11. Can you see God? *No. I cannot see God, but he always sees me.*

### *A Read-to-Me Bible Story*

God's people left Egypt; they knew they were going on a long, hot trip. They were moving to the new country God had promised them. Far out in the desert there was no place to get food. The Hebrews carried food from Egypt with them. One day all their food was gone—they had eaten it all. The people became hungry and grouchy!

"Moses! What are you going to do to help us? We're hungry!" God told Moses that he would send manna every morning. The word *manna* means "What is it?" The people did not know what it was. It was food that God sent and it was kind of like bread. Every day the people picked up enough manna from the ground to have enough to eat for one day.

Do you thank God for giving you food each day? Jesus taught us to say "Dear Father in heaven, Give us today our food." God is the One who takes care of us. He keeps us alive so we can please him every day.

\*Order *First Catechism* and "Toddler Sing-Along With Me" CD/cassette from GCP at 800-695-3387 or [www.gcp.org](http://www.gcp.org).

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